

Recycling Guide

Recycling is collected **every other week** marked in **blue** on the calendar. No need to sort. Please place materials in loosely, all bags are prohibited.

Accepted Items & How to Prepare

Newspaper & Newspaper inserts



Newspapers and newspaper inserts, including advertising flyers

Mixed Paper



Magazines, catalogues & inserts

Office/computer paper & envelopes (window style accepted)

Greeting cards & non-foil wrap (incl paper flower wrap)

Phone books

Paper bags (grocery, lunch bags, prescription bags)

Pet food bags, flour and sugar bags (no foil or plastic lined bags)

Shredded paper: *accepted only if inside a firmly tied, clear plastic bag and placed in recycle cart.*

Boxboard & Cardboard



Boxes for cereal, tissues, shoes, pizza, laundry detergent, etc.

Box trays for bottled water, soft drinks, cans, etc. (Recycle plastic overwrap at depot).

Cardboard rolls from toilet paper and paper towel

Cardboard egg cartons, take-out beverage trays

Paper-based flower pots

Flatten boxboard and place directly into recycle cart.

Corrugated Cardboard



Clean, dry cardboard (unwaxed)

Pizza boxes: remove food debris and liner.

Staples and packing tape are accepted.

Flatten and place in recycle cart.

ONLY cardboard placed inside of recycle cart will be collected.

Paper Containers for Liquids



Paper beverage cups

Gable top cartons for milk-type beverages, cream, substitute eggs, sugar, molasses.

Aseptic (Tetra-Pak™-style) boxes for soup/broth, milk-type beverages, sauces.

Boxes for frozen food, including ice cream, desserts, frozen pizza and entrees

Empty and rinse all cartons; remove lids and recycle separately in cart.

NOT Accepted

NO plastic bags used to wrap newspapers (recycle at depot)

NO paper towels, tissues or serviettes

NO hard cover or paperback books

NO foil gift wrap or foil-lined bags (e.g. chips)

NO padded envelopes

NO musical greeting cards, ribbon or bows

NO loose shredded paper

NO photographs or negatives

NO plastic overwrap (recycle at depot)

NO paper towels or tissues

NO foil-lined bags (e.g. chips)

NO residue in pizza boxes or flower pots

NO straws or non-paper insulating cup wraps

NO plastic-lined pet food bags

NO waxed cardboard boxes (e.g. produce shipping boxes)

NO plastic overwrap (recycle at depot)

NO straws

NO stand-up pouches

NO juice cartons (take to Return-It Depot for deposit refund)

NO foil, foil-lined or plastic-lined bags (e.g. pet food)

Remember to recycle cup and carton lids in your recycle cart.

Recycle BC is a not-for-profit organization responsible for residential packaging and paper recycling throughout British Columbia. Recycle BC ensures packaging and paper is collected from households and recycling depots, sorted and recycled responsibly. The Recycle BC program is funded by over 1,200 businesses, like retailers, manufacturers and restaurants, that supply packaging and printed paper to BC residents, to shift recycling costs away from homeowners. Recycle BC was originally launched in 2014 as Multi-Material BC (MMBC).

Accepted Items & How to Prepare

Metal Tins / Cans Aluminum Foil / Cans



Aluminum or steel cans for food, pet food, etc.

Aluminum foil and foil containers including foil take-out containers.

Metal-rimmed spiral cardboard containers for frozen juice, dough, potato chips, baby formula, etc.

Empty and rinse. Drop lid into can and squeeze top slightly. Labels and lids accepted.

Take deposit return items to a bottle depot.

Plastic Bottles, Jugs, Jars & Cups



Clean, dry plastic packaging with hard sides including:

- plastic **bottles & jars** for food, soap, shampoo, household cleaners, laundry products, vitamins & pills, cosmetics, etc.
- plastic **jugs** for cooking oil, milk, detergent, cleaning products, windshield washer, etc.
- plastic **cold beverage cups**

Spray, pump and pull-up tops accepted. Remove lids and/or spray tops and recycle separately in recycle cart.

Empty and rinse thoroughly.

Plastic Tubs, Trays & Clamshells



Clean, dry plastic packaging with hard sides including:

- **clamshells** for baked goods, fruit, eggs, etc.
- **tubs & pails** for margarine, dairy products (yogurt, sour cream, ice cream, etc), detergent, etc.
- **trays** for deli chicken, single-serve meals, prepared foods
- **microwaveable** bowls/cups
- **housewares and hardware packaging**, including for screws, picture hangers, etc.
- **plastic garden pots and trays**

Containers with clear or black bottom with clear domes are accepted. Empty and rinse containers. Recycle lids separately in recycle cart.

Aerosol Cans & Caps



Aerosol spray cans for food, air fresheners, shaving cream, hair spray, deodorant, etc.

Empty cans only. Remove caps and recycle separately in recycle cart.

NOT Accepted

NO coat hangers

NO pots, pans or baking trays

NO scrap metal, hardware or wiring

NO foil gift wrap, foil-lined chip bags or foil-backed paper

NO metal toys

NO appliances (See bulky item collection or www.electrorecycle.ca)

NO propane cylinders

NO paint cans

NO stand-up pouches

NO straws

NO beverage bottles or jugs (take to Return-It Depot for deposit refund)

NO containers for motor oil, vehicle lubricant or antifreeze products (see www.rcbc.bc.ca)

NO VHS tapes, CD's, or DVD's

NO foam trays (recycle at depot)

NO plastic wrap

NO toys or furniture

NO packaging labelled 'biodegradable' or 'compostable'

NO 'blister packs' (gum, pills)

NO tarps, string or rope

NO plastic paint cans

NO pails larger than 25L

NO pails for lubricants or oils

NO lawn edging or garden hoses

NO ceramic plant pots

NO spray paint cans

NO propane cylinders

NO cans with any contents remaining inside

NO furniture spray polish

NO automotive products

Check www.ReGeneration.ca for safe disposal of many of these items. (1-877-592-2972)