



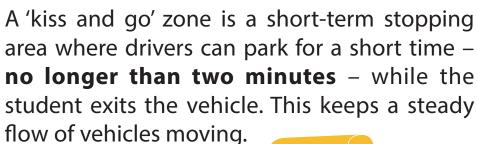
## **Benefits of Active Travel**

## **Let's Make Travel Fun**

#### **Drive to Five**

Designated 'Drive to Five' spots are located five minutes (500 metres) away from the school, where parents can drop off or pick up their kids. This encourages walking for short distances, while helping to reduce congestion near the front of the school. This saves you time and builds student confidence to walk independently.







A walking or biking school bus is an organized group of students who walk or ride bikes to and from school together with the support of adult leaders. They travel along a designated route, stopping along the way to pick up or drop off students along the way.

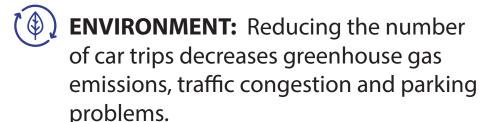


**HEALTH:** Staying active is good for your child's physical and mental health.



**SOCIAL DEVELOPMENT:** Spending time together outside promotes positive connections with friends and family.

**SMART MOVES:** Students who walk or roll to school arrive more alert and ready to learn.





**INDEPENDENCE:** Active travel builds confidence.

**Questions?** Contact the PAC, Principal or the City of Penticton at engineering@penticton.ca For more details, visit penticton.ca/safe-routes

# Plan your route to **UPLANDS ELEMENTARY**

- Join us to help support:
- Walking or rolling to and from school.
- Working together to create safer school streets.



### Learn more at penticton.ca/safe-routes









