



LEGEND

- TRANSITION AREA/RUN START
- FINISH LINE
- 1ST SECTION KILOMETER MARKERS
- 1ST LOOP KILOMETER MARKERS
- 2ND LOOP KILOMETER MARKERS
- PERSONAL NEEDS
- WATER/AID STATION
+ GATORADE ENDURANCE
- REDBULL STATION
- U-TURN
- SECTION DONE ONCE
- SECTION DONE TWICE
- 2ND LOOP TO FINISH
- BEGIN 2ND LOOP



TURN BY TURN DIRECTIONS

- Exit Transition and head left/east onto Lakeshore Drive towards Front St
 - Turn left onto Front St
 - Turn right (east) onto Vancouver Ave at the roundabout
 - Slight left onto Vancouver Place to access the Kettle Valley Trail (KVR)
 - Follow the KVR to Naramata Road approx 3.5km (turnaround point)
 - Return on KVR to Vancouver Pl
 - Turn right (west) onto Vancouver Ave
 - Turn right at the Museum to access the bridge to Okanagan Lake Park
(this completes the out-and-back section of the coursethat you will only do once)
 - Run around the perimeter of Okanagan Lake Park onto Lakeshore Dr
 - Turn right onto Lakeshore Dr
 - Turn left (south) onto Main St, which turns into Skaha Lake Rd
 - Turnaround at Lee Ave and return on Skaha Lake Road/Main St
 - Turn left onto Link Rd
 - Turn left onto Martin St
 - Turn right onto Estabrook Rd
 - Turn right onto Winnipeg St
 - Turn left onto Lakeshore Drive
 - Continue left onto Riverside Drive
 - Turn left onto Burnaby Ave
 - Turnaround at Westminster Ave
 - Turn left onto Riverside Drive
 - Turnaround at Hwy 97/Eckhardt
 - Continue back onto Riverside Drive
 - Continue right onto Lakeshore Drive
 - Turn right onto Winnipeg Ave
 - Turn left onto Estabrook Rd
 - Turn left onto Martin St
 - Turn right onto Link Rd
 - Turn right onto Main Street, which turns into Skaha Lake Road
 - Turnaround at Lee Ave and return on Skaha Lake Road/Main Street
 - Turn left onto Link Rd
 - Turn left onto Martin St
 - Turn right onto Estabrook Rd
 - Turn right onto Winnipeg St
 - Turn left onto Lakeshore Drive
 - Continue left onto Riverside Drive
 - Turn left onto Burnaby Ave
 - Turnaround at Westminster Ave
 - Turn left onto Riverside Drive
 - Turnaround at Hwy 97/Eckhardt
 - Continue back onto Riverside Dr
 - Continue right onto Lakeshore Dr
- Continue on Lakeshore Drive to the Finish line on Lakeshore Dr between Winnipeg St and Martin St

Start Elevation: 348 m ▪ Finishing Elevation: 349 m ▪ Gain: 238 m

