

Registered Hockey & Stick 'N Puck Guidelines

4v4 Adult Hockey, 55+ 4v4 Stick 'N Puck, 4v4 Stick 'N Puck

In order to run the safest programs possible, we have implemented the following guidelines. All regulations and guidelines are in alignment with Work Safe BC, BC CDC, viaSport, BCRPA and the BC Government. Failure to adhere to regulations and guidelines will result in immediate withdrawal of the program. It is important that all individuals understand that by choosing to participate in physical activities outside the home during the pandemic, you are at an increased risk of contracting COVID-19. This is an inherent risk of participating in non-essential activities in your community.

Health:

Anyone experiencing symptoms of illness will not be permitted to enter the facility. Please stay at home if you are feeling ill, have traveled outside of Canada or been in contact with someone diagnosed with COVID-19 within the last 14 days, or have been directed to self-isolate. Staff will verbally screen each participant at the entrance. We ask that you practice safe hand hygiene, sanitize your hands before entering, and wash your hands frequently. Hand sanitizer is available throughout the building. Face masks are not mandatory, however, they are strongly recommended. If you cannot maintain 2m physical distance, please wear a mask.

Arrival, Sign in and Exit:

Face masks are required to be worn by everyone, 12 years and older, while in the facility. Mask can be removed once you enter the field of play (on-ice), and must be replaced when you exit the field of play. People who cannot wear a mask or who cannot put on or remove a mask without the assistance of others are exempt. A person may not be able to wear a mask for a psychological, behavioural or health condition, or due to a physical, cognitive or mental impairment. Please arrive no sooner than 15 minutes before your program start time. The designated entrance to McLaren Arena is located on the West side of the building, through the doors on King St. Our Skate Patrol staff will greet you at the entrance, they will confirm your program registration and verbally screen each participant. Staff will then direct you to skate rentals and/or your designated dressing zone. Upon completion of your skate, promptly exit the facility, all participants must exit within 15 minutes of the program completion. Socializing and gathering is not permitted in the facility.

Program Details:

4v4 Adult Hockey, 55+ 4v4 Stick 'N Puck and 4v4 Stick 'N Puck are modified game play, and follow Hockey Canada's Return to Hockey COVID-19 Safety Guidelines. To reduce on ice contact, these programs are limited to 4v4 on ice play. Please review additional modified game play guidelines provided below.

Cohorts are required for all sports in BC during COVID-19. In order to provide a cohort setting, programs participants are required to register for a full set (6-7 weeks). Registration is limited to 18 participants (16 skaters & 2 goalies). viaSport 2.0 Guidelines recommend that individuals should limit the number of sport cohorts to which they belong in order to reduce the number of people they are interacting with.

Adults supervising children must be the on-ice, and are responsible for monitoring and enforcing appropriate behaviour and physical distancing (2m) while in the facility and field of play.

Building use:

Washrooms and water bottle refill stations will be available; water fountains are not available. Please label bottles and do not share. We ask you adhere to all posted physical distancing and capacity signs, and strongly recommend wearing a mask while moving throughout the building.

Spectators:

Only registered participants who are actively participating in the programs are permitted to enter the facility. Spectators are not permitted in the building at this time.

Illness Plan:

If you become ill during your registered activity, please inform staff. You will be asked to leave the facility immediately and contact interior health at 8-1-1.

Facility Cleaning:

Sanitization has been increased within the facility and will occur periodically. Hallways washrooms are sanitized twice daily. Dressing rooms sanitization occurs between each user group. Shower are currently closed.

Patrons are reminded that physical distancing is each person's responsibility. If you are uncomfortable in any space, you may wear a mask, face shield, step away, or remove yourself from the activity.

Recreation Penticton and Staff reserve the right to refuse service and withdraw any participant who is not following the above guidelines, the posted safety plan, and facility guidelines. Please note that Recreation Penticton encourages and promotes the use of face masks while on site.

MODIFIED GAME PLAY GUIDELINES

General Game-Play Modifications

- Game play is 4v4.
- Simplified game play to limit contact. Refer to on-ice game-play adaptations below.

Switching Ends/Line Changes

- Teams will not change ends. Line changes will be permitted either on the fly, or during a re-start after a whistle has been blown.

Gloves

- Participants will be required to wear gloves on the ice at all times. In the event of a lost glove, that player will be required to retrieve their glove immediately from the ice.

Water Bottles

- Participants will be required to have an individual water bottle while at the arena, keeping it on a designated spot on the bench. Absolutely no sharing of water bottles. Water bottles must be labeled.

Handshakes

- Until further notice, handshakes and first-bumps shall not occur before, during, or after the game.

Spitting

- Spitting will be prohibited at any time while in the facility, this includes on-ice.

Pulling Goaltender

- Pulling your goaltender for an extra attacker will not be permitted

No Face-Offs & Continuous Play

- No face-offs. In order to facilitate this, there are several different re-start scenarios that players will need to be familiar with, which are outlined below.

Start of Period

- 1st Period: The designated visiting team will start the 1st period with possession of the puck at the centre-ice dot. The four players on the visiting team will be required to set up behind the red line, while the players on the designated home team will be required to set up behind their defensive blue line. Once the whistle goes, teams on both sides will be permitted to engage the puck.
- 2nd Period: The same scenario shall apply, with the change being that the designated home team shall retain possession to start the period.

Goal Scored

- In the event of a goal scored, the team that scored the goal will need to have all skaters retreat behind the red line before being able to re-engage with pressure. While the team that scored the goal is retreating to the red line, the team that was scored on will re-initiate play by retrieving the puck from their goal and going the other way. Furthermore, the team that was scored on has the ability to press forward before the other team clears back to the red line, creating scenarios where teams will need to be quick to defend after scoring a goal.
- Note: If the team that was previously scored carries possession across the red line before each of the opposing skaters are able to retreat to the red line, players on the defending team will be able to engage the puck regardless of any teammates who have not yet reached the red line.

Offside/Icing

- In the event of a team going offside or committing an icing, the non-offending team will be given the puck at the centre-ice dot and will be considered to be in the offensive zone and will not be required to gain the blue-line.
- The offending team will be required to take a position behind their own defensive blue line before being able to re-engage the puck on a re-start. If the team with possession chooses to retreat with the puck behind the red line, they will be required to re-gain the blue-line to create the attacking zone.

Crease

- Players will receive a verbal warning from the On-Ice Patrol for entering the regular crease at any time. If a player does not correct their position, the whistle will be blown and the opposing team receives possession of the puck.

Play the Puck

- Players must always play the puck, not the opponent (no contact, stick checks only).
- May result in change of possession if not followed. See the Hockey Canada Safety Guidelines for additional information.

Penalty Shots

- Penalties served through penalty shots.

Bench Awareness

- Players are asked to be mindful of physical distancing while on the player's bench.