

Revised November 25, 2020

McLaren Arena COVID-19 Safety Plan – Public Programming Adult Hockey, Stick ‘N Puck, Public Skating

Programs:

Adult Drop-In Hockey, 55+ Stick ‘N Puck, Open Stick ‘N Puck, Pre-school Stick ‘N Puck, Adult Only Skate, Public Skating, Parent & Tot. These programs are accessible options for hockey enthusiasts, specific program details can be found on our website.

Public Skating, Adult Only, and Parent & Tot are accessible programs available to participants of all ages (Adult only 18+). Skaters move in one direction on the ice, switching directions several times throughout the skate. If required, approximately one third of ice available for parents with young children under the age of 5.

Location: McLaren Arena – 1350 King St, Penticton

Maximum Facility Capacity: 18-25 depending on the program capacity, plus staff.

Maximum Field of Play Capacity:

Adult Hockey, 55+ Stick ‘N Puck, Stick ‘N Puck

- 18 participants. This provides enough registrants for 4v4 modified game play with full line changes and two goalies. 1-2 Skate Patrol Staff

Preschool Stick N Puck

- 20 participants. This provides enough registrants two sessions on the ice. One session on each end of the rink, north and south. 1-2 Skate Patrol Staff
- 10 participants when the ice is shared with Parent & Tot Public Skate

Public Skate, Adult Only Public Skate

- 25 participants, 1-2 Skate Patrol staff

Parent & Tot Public Skate

- 12 participants, this is ice shared with Preschool Stick ‘N Puck. 1-2 Skate Patrol staff

Work Place Risks: *Identify areas where there may be risks, either through close physical proximity or through contaminated surfaces.*

The recreation coordinator has identified the following risks:

- Number of people within the facility
- Entrance, exit
- Ventilation while indoors
- All doors, dressing rooms, washrooms, benches are identified as high touch points
- Participants may be with in 2m distance during the program
- Physical distancing when entering/exiting the ice
- Participants or staff developing symptoms while in the program
- First Aid scenarios

1. **Implemented protocols to reduce risks:** *What protocols are being implemented to reduce the above risks?*

a. Elimination:

- No spectators are permitted. Anyone entering the building must be registered and actively partaking in the program activities.
- 2m physical distance at all times off the field of play
- The designated entrance for the arena is on the west side of the building, located on King St. Access to the arena is restricted and the entrance will remain locked before, during and in between bookings.
- Access to the building will be permitted 15 minutes prior to the ice time, and the doors will be locked shortly after the ice time begins. Late admittance is not permitted.
- Participants are asked to arrive at the arena dressed and ready to get on the ice.
- Exits are located on the north and south ends of the buildings; participants must exit through the doors located in their zone.
- Face masks are required and must be worn while in the facility. Mask can be removed once you enter the field of play (on-ice), and must be replaced when you exit the field of play.
- Face masks are required to be worn by everyone, 12 years and older, while in the facility. Mask can be removed once you enter the field of play (on-ice), and must be replaced when you exit the field of play. People who cannot wear a mask or who cannot put on or remove a mask without the assistance of others are exempt. A person may not be able to wear a mask for a psychological, behavioural or health condition, or due to a physical, cognitive or mental impairment.
- Participants must pre-screen for COVID-19 symptoms prior to arriving at the arena.
- Registration, verbal screening and contact tracing will be confirmed by staff at the arena entrance.
- The number of participants has been reduced to accommodate the available space, public health orders and facility guidelines. Dressing rooms, concourses, and washrooms have occupancy limits and physical distancing signs posted.
- Create a traffic flow with cones and flagging tape as a walkway divider to the entrance/exit of the ice
- No shared equipment will be available; participants are responsible for bringing and monitoring their own.
- Staff must wash or sanitize hands before and after handling equipment or providing first aid.
- Ambulance calls will direct paramedics to respond through the King St entrance, ensure a bystander has been sent to open the doors.

b. Engineering controls:

- Program registration has been reduced to allow for adequate spacing on the field of play. Drop ins are not permitted, all participants must register.
- No spectators are permitted in the building during programming.
- Face masks are required to be worn by everyone, 12 years and older
- Skate Patrol Staff are to remain physically distanced from their co workers.

c. Administrative controls:

- Site specific facility guidelines have been posted in the arena and on the City website. Facility guideline information will be posted for the public.
 - Policies for sick participants and staff has been developed.
 - Hand washing posters are posted in the washrooms.
 - Signage has been posted for occupancy limits and distancing measures throughout the facility.
 - Participants, staff, and spectators contact information will be kept on file for contact tracing.
- d. PPE:**
- Face masks are required to be worn by everyone, 12 years and older, while in the facility.
 - Staff will be asked to wear eye protection/face shield and masks when administering first aid.
- e. Cleaning and hygiene practices:**
- Hand washing is encouraged before, during, and after entering the arena.
 - Hand sanitizer is available near the entrance doors, and must be used often.
 - Sanitization will occur periodically. Washrooms located in the halls will be sanitized twice daily.
 - Dressing room sanitization will occur between user groups.
 - Showers are closed.
- 2. Developed Policies: *What policies are in place to manage the workplace, including how to address illness and how workers can be kept safe?***
- Staff are not permitted to attend work if they are sick.
 - Signage is posted at all entrances and within the facility.
 - If two staff are sick, the program will be canceled.
 - Each participant will be verbally screened at the entrance.
- 3. Communication and training plan: *How will you ensure everyone entering the work place knows how to keep themselves safe?***
- COVID-19 protocols are included in the Skate Patrol staff manual and training.
 - Signage, facility safety plans, and facility guidelines are posted and available for public and staff.
- 4. Program monitoring: *How will you continue to monitor the risks and the situation evolves?***
- The recreation coordinator will stay up to date with all orders from the PHO, viaSport, BCRPA, and the BC CDC.
 - Check ins will be scheduled with staff to ensure the safety plan is working.
 - Adjustments will be made as revision from BC government and BC CDC are received.
- 5. Extra organization:**
- Doors will be locked during and in between user groups to avoid public and other user groups entering the building prior to their booking times.
 - Dressing room zones are appointed and posted in the concourse.
- 6. Program Details:**
- All programs will adhere to the viaSport Return to Sport, BCRPA, BC Government, BC CDC guidelines and phases.
 - Each program will reference the closest applicable National or Provincial Sport Organization sport specific guidelines.

- f. The recreation coordinator will closely follow evolving directives and adapt the programs accordingly.

APPENDIX A – SPORT ACTIVITY CHART

This chart outlines the types of activities that can be considered in the various return phases.

	Strictest Controls Phase 1	Transition Measures Phase 2	Progressively Loosen Phase 3	New Normal (Future date TBC)
Restrictions in Place	<ul style="list-style-type: none"> Maintain Physical Distance (2m) No non-essential travel 	<ul style="list-style-type: none"> Maintain Physical Distance (2m) No non-essential travel No group gatherings over 50 people 	<ul style="list-style-type: none"> Refer to PHO and local health authorities 	<ul style="list-style-type: none"> Refer to PHO and local health authorities
Enhanced Protocols	<ul style="list-style-type: none"> Increased hand hygiene 	<ul style="list-style-type: none"> Increased hand hygiene Symptom Screening in place 	<ul style="list-style-type: none"> Increased personal hygiene, cleaning protocols and symptom screening 	<ul style="list-style-type: none"> Increased hand hygiene
Facility	<ul style="list-style-type: none"> Outdoor or within home Facilities and playgrounds closed 	<ul style="list-style-type: none"> Outdoor is safest Indoor facilities slowly re-opening 	<ul style="list-style-type: none"> Participants should maintain physical distance while not on field of play 	<ul style="list-style-type: none"> Outdoor/Indoor
Participants	<ul style="list-style-type: none"> Individual activities 	<ul style="list-style-type: none"> Small Groups No or limited spectators 	<ul style="list-style-type: none"> Groups sizes increase based on sport type (i.e. level of contact). Participants and spectators must adhere to 50 people max per event public health guidance 	<ul style="list-style-type: none"> Large groups allowed No restrictions on spectators
Non-contact Activities	<ul style="list-style-type: none"> Low risk outdoor activities can occur (biking, running, etc.). Virtual activities 	<ul style="list-style-type: none"> Fundamental movement skills Modified training activities, drills 	<ul style="list-style-type: none"> Where feasible, limit contact (i.e. coming within two metres) in training and sport activities 	<ul style="list-style-type: none"> No restrictions on activity type
Contact Activities	<ul style="list-style-type: none"> Should not occur 	<ul style="list-style-type: none"> Should not occur Contact sports should look for non-contact alternatives to training 	<ul style="list-style-type: none"> Cohort model introduced for sports that cannot maintain 2m physical distancing. 	<ul style="list-style-type: none"> No restrictions on activity type
Competition*	<ul style="list-style-type: none"> Should not occur 	<ul style="list-style-type: none"> In club play or modified games may slowly be introduced 	<ul style="list-style-type: none"> Competition slowly introduced. Regional competition for sports in cohorts. 	<ul style="list-style-type: none"> Provincial competitions and larger scale events may return
Equipment	<ul style="list-style-type: none"> No shared equipment 	<ul style="list-style-type: none"> Minimal shared equipment Disinfect any shared equipment before, during and after use 	<ul style="list-style-type: none"> Enhanced cleaning protocols in place 	<ul style="list-style-type: none"> Shared equipment
Travel	<ul style="list-style-type: none"> None 	<ul style="list-style-type: none"> None 	<ul style="list-style-type: none"> Limited 	<ul style="list-style-type: none"> Unlimited

*Introduction of competitive activities should be in alignment with sport-specific guidelines.

7. Illness/Outbreak Plan:

Early detection of symptoms will facilitate the immediate implementation of effective control measures. In addition, the early detection and immediate implementation of enhanced cleaning measures are two of the most important factors in limiting the size and length of an outbreak. An “outbreak” is two or more cases; a “case” is a single case of COVID-19.

- Identify the roles and responsibilities of staff or volunteers if a case or outbreak is reported.
- If staff or a participant reports they are suspected or confirmed to have COVID-19 and have been at the workplace/activity place, implement enhanced cleaning measures to reduce risk of transmission. Inform the facilities staff immediately
- Implement the illness policy and advise individuals to:
 - monitor their symptoms daily, use the BC COVID-19 Self-Assessment Tool to help determine if further assessment or testing for COVID-19 is needed
 - Individuals can contact 8-1-1 if further health advice is required and 9-1-1 if it is an emergency. Individuals can learn more about how to manage their illness here: <http://www.bccdc.ca/healthinfo/diseases-conditions/covid-19/about-covid-19/if-youare-sick>
- In the event of a suspected case or outbreak of influenza-like-illness, immediately report and discuss the suspected outbreak with the Medical Health Officer (or delegate) at Interior Health. Call 8-1-1. Implement the Illness Policy and enhanced measures.

5. If the City is contacted by a medical health officer in the course of contact tracing, cooperate with local health authorities.