



Committee of the Whole

penticton.ca

Committee of the Whole
to be held at
City of Penticton, Council Chambers
171 Main Street, Penticton, B.C.

Tuesday, September 5, 2017
Recessed from the Regular Council Meeting at 1:00 p.m.

1. **Call Committee of the Whole to Order**
2. **Adoption of Agenda**
3. **Delegations and Staff Presentations:**
 - 3.1 Addiction (Recovery Coach) – Funding Request
Judy Poole 1-7
 - 3.2 Peachfest Update
Don Kendall
 - 3.3 Riddle Road fire protection
Ian Chapman, City Engineer & Larry Watkinson, Fire Chief
4. **Adjourn to Regular Meeting of Council**



Request to Appear as a Delegation

Preferred Council Meeting Date: ASAP

Second choice(s): _____

Subject matter: ADDICTION (RECOVERY COACH)

Name of person(s) making presentation:

JUDY POOLE

Address: 207-250 MARINA WAY Phone: _____
PENTICTON Email: _____

Please provide details of your presentation or request of Council here: (or provide a detailed attachment)

AS PER EMAIL, PROVIDE COUNCIL WITH BACKGROUND
TO SUPPORT FUNDING REQUEST FOR ADDICTION
COACHING RE CERTIFICATION WORKSHOP

Please note:

- This form and submissions will become part of the public record.
- The Mayor has the authority to determine if the subject matter warrants the delegation to appear before Council and may determine at which meeting.
- Please submit this completed form at your earliest convenience. Written Requests to Appear are to be received by the Corporate Officer, no later than noon Monday, one week prior to the Council meeting. Please include a copy of all materials that will be discussed.
- If you'd like to share a PowerPoint with Council, email it to the Corporate Officer by 9:30 a.m. Wednesday prior to the Council meeting to be included with the Agenda.

Corporate Office
Dana Schmidt, Corporate Officer
171 Main Street, Penticton, B.C., V2A 5A9

Phone: 250-490-2405
Fax: 250-490-2402
dana.schmidt@penticton.ca

Subject: FW: Fund Request, Recovery Coaching project
Attachments: Funding request.docx

From: Judy Poole [
Sent: Thursday, August 3, 2017 10:54 AM
To: Peter Weeber <
Cc: Judy Sentes <
Subject: Fund Request, Recovery Coaching project

Enclosed please find a funding request for \$5000 for the Recovery Coaching project. I have also attached two supporting articles that explain the role of the Recovery Coach, and how it complements the activities of the clinical professionals in our system. As you know, I met with the Team Lead for mental Health and Addiction services at IH, along with the Friendship Centre, Pathways and PDCRS to make sure that volunteers in this role would not overlap or interfere with existing services. All assured me that it would not, and provided their enthusiastic support. I am asking for direct, immediate support from Council, outside of the normal grant process because of the emergent nature of this crisis. Make no mistake, this is a crisis, and I liken it to an iceberg ... we have only seen the tip of the iceberg. People are dying right now, and we have an innovative solution that has worked elsewhere, and has worked in our pilots for a very small investment we can drive this forward quickly. Commitments have been received for \$5,000 from the Raymond James Foundation (my business partner) and requests are out to two Rotary clubs.

I look forward to this request being taken forward to Council, and would appreciate the opportunity to speak to it. We can't close our eyes. These are our friends, neighbours, their children and grandchildren.... also our future taxpayers we can't watch them die. Persons with addiction can get well, we have one of the tools ... please help us get the tool into their hands.

<https://www.addictionpro.com/article/recovery-coaches-offer-crucial-link>
<https://www.addictionpro.com/article/recovery-coaching-signals-paradigm-shift>

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JUDY POOLE

Regional Co-ordinator and Meeting Facilitator
SMART RECOVERY

First, some background ...my family, like so many, has been touched by addiction. Perhaps "slammed by addiction" is more appropriate wording. For a total of eight years I learned more than I ever wanted to about substance use. After the worst of the storm passed, I started to look for ways I could help, make a difference.

We started Smart Recovery support meetings. These are a weekly event, secular in nature, and provide support for recoverees in a group peer setting. Next, Smart recovery Friends and Family support groups for those who's loved one is a person with addiction. Through those meetings, we identified gaps in service to our people. Existing services are, for the most part, 9 – 5. Appointments are hard to get, and if you miss one, you wait weeks for the next appointment. People that are using substances tend to miss appointments. The process to get into treatment is complicated enough that those of us without addiction and mental health issues would find it difficult, never mind those with challenges. We saw court dates missed, warrants issued for arrest, doctors appointments missed for renewing methadone prescriptions, so heroin substituted, Ministry approval delayed so that deadline to apply for admission was missed. The list goes on and on, and people die during the wait.

We were dragged into a "pilot project" without evening knowing it was a pilot project It just had to be done. We worked with a young woman, getting her legal challenges dealt with (much easier for her, with someone with her). After waiting 13 days for a detox, we drove her to Kamloops, where she bolted after the first day. Several weeks later, she decided she wanted treatment, so we found a replacement for the treatment centre, because she had missed the deadline on the previous one. We encouraged her to get to the doctor to get her methadone renewed. This process took at least a month, and aside from our fear of her dying from an overdose, we were also very concerned about her depression and anxiety. To make a long story shorter, she went into treatment, stayed the course, and is now 7 months clean, and living in second stage housing, preparing for education and work.

From this pilot project (there were actually 2 more people during that time frame) we learned the gaps in current service. Support, guidance and mentoring were what was needed. A search on the internet revealed a thing called Recovery Coaching which is becoming common in the US, but unheard of in Canada. I talked to practitioners to make sure that my view of the gaps was not skewed in some way. Interior Health, PDCRS and Pathways were all hugely supportive. From my own resources, I took the Recovery Coaching Academy in Hartford, Connecticut, run by the Connecticut Community for Addiction Recovery. It was one of the best things I've ever experienced. CCAR has offered to come to Penticton and teach the course to get us kick-started. On completion of this training, we will have 15 coaches and two trained facilitators to teach the material going forward. I am delighted that my co-facilitator will be Denise Lecoy, from PIB and a MSW intern at PDCRS. Coaches will work with recoverees as they complete treatment, detox, or upon request. Some jurisdictions have recovery coaches on call at emergency wards, courthouses and prisons. It's our hope that we will grow to that capacity. For those not familiar with a drug and alcohol treatment program, it's like being in a bubble. They are wonderful places to get clean, and start the healing process, but few do an adequate job of preparing the recoveree for the real world. Recovery Coaching helps the recoveree transition to a normal life, that after years of substance abuse, can be a very unfamiliar place.

This first training will require a budget of \$20,000, and will take place during September 2017. We are aware that traditional grant processes require much more lead time. Faced with this opioid (and many other substances) crisis, we do not have the luxury of time. We are looking for an agency, group, or municipality that can support our funding request. This project will offer training to volunteers throughout the Okanagan Valley, as well as clinical practitioners such as outreach workers. We currently have a \$5,000 commitment from Raymond James Canada Foundation, and hoped that a collaboration of groups in the Valley could also assist. The program will be advertised to health agencies throughout the Interior Health region, and sponsorship would be identified on all materials. Course materials would be labelled with sponsorship acknowledgements. We are also looking for volunteers that have "lived experience" with addiction that are interested in training to become Recovery coaches and would appreciate that request being circulated.

Thanks for your consideration, and please let me know if further information is required.

Judy Poole



Council Policy



Application Form – Municipal Grants

Grant Year: 2017 Application Deadline Date: _____

Name of Organization: PDCRS

Organization Website: _____

Eligibility Criteria Checklist

Not-for-Profit Status:
CRA/Society Act Number: _____

Community Based:
Mailing Address of Organization: 320 ELLIS ST.

City: PENTICTON BC Postal Code: V2A 4L7

Accessible to All Penticton Residents:
How many active members in your organization: _____

Additional Funding Sources Sought:
Please list confirmed/contacted granting agencies: _____

ADDITIONAL FUNDING REQUESTED FROM TWO
PENTICTON ROTARY CLUBS @ \$5,000 EACH. ALSON
RAYMOND JAMES CANADA FOUNDATION

Please list confirmed/contacted corporate sponsors: _____

No Duplication (without excess demand):
If there are events/programs/projects of a similar nature in the Penticton area, please list them and provide data/evidence of excess market demand: _____

Organization Information

Briefly describe the organization's mission or purpose: TO PROVIDE VOLUNTEER RECOVERY COACHING

(E) If the organization has received assistance from the City of Penticton in cash (C), value in-kind (VIK), lease/licence to use (L), maintenance (M), rent (R), tax exemption (T) or other (O) please specify:

Year: _____ Type(s): _____ Amount: _____ Purpose: _____

Year: _____ Type(s): _____ Amount: _____ Purpose: _____

Year: _____ Type(s): _____ Amount: _____ Purpose: _____

(E) If the organization provides financial assistance to other organizations/societies please list below:

Grant Request and Outcomes

Briefly describe the event/program/project for which the organization is applying, including its location/venue and timing:

CERTIFICATION WORKSHOP FOR UP TO 40 COACHES TO BE HELD WEEK OF SEPT 25-29/17

(E) If the organization is supplying a service which enhances the City's Community Services please describe below:

RECOVERY COACHING IS NOT CURRENTLY AVAILABLE HERE

(E) Does the organization occupy a City property through a lease, license to use or rental agreement? If yes please list the address of the property:

(E) If the organization is holding a core event please complete the following:
How does the event/program/project align with the City's vision?

How many years has the event/program/project been in the community (must be greater than 5)?

What is the event/program/projects annual attendance? _____

(E) What is the length (in years) that the organization is applying to receive grant funding? _____

(E) If your organization is applying for a municipal grant in order to host an event or series of events:

- Will the event(s) attract overnight visitors? (Y/N) _____ (E) If yes, how many? _____
- Will the event(s) budget for external marketing? (Y/N) _____ If yes, how much? \$ _____

(NOTE: Yes answers result in use of attached Eventful Penticton matrix to evaluate the application)

Category:

Select one category that best captures the event/program/project:

Arts, Culture & Heritage:

Health, Safety & Social Services:

Parks, Recreation & Sport:

Community Value:

(E) Which other businesses or organizations are involved in this event/program/project? Please list partners and briefly describe their roles: _____

(E) How many residents will directly benefit from this event/program/project? _____

(E) How many volunteers will be needed and how will they be recruited, trained and recognized? _____

City Value:

(E) How will the event/program/project strengthen the City of Penticton's strategic pillars?

Sustainable: _____

Livable: _____

Smart: _____

Connected & Strong: _____

(E) Indicate outcomes of the event/program/project of the organization: _____

(E) How will the organization measure the outcomes listed above: _____

Financial Information

(E) Total budgeted expenses for event/program/project: \$ 12500 US

Amount contributed by the organization: \$ ADDITIONAL TRAINEES 16250 CAD
7800 Less:

Amount contributed by other partners: \$ 5000

Amount contributed by granting agencies, sponsors: \$ 10000

Municipal grant requested: \$ 5000

Budgeted surplus/deficit: \$ (4050)

If the organization is applying for the first time, please provide the organization's most current financial statements, attached to the application.

(NOTE: This is a requirement. Audited or reviewed financial statements are preferred, if available)

All applicants please provide:

- Balance sheet or statement of financial position for immediately prior year
- Income statement or statement of financial activities for the immediately prior year
- Budgeted income statement or statement of financial activities for the grant year

Contact Information

Contact Person: JUDY POOLE Position/Title: _____

Cell/Telephone: _____ Email: _____

Signatures

By signing below the representatives of the organization thereby acknowledge that they have fully read and understand the policy conditions and agree to be bound by them and that the information included in this application is true and correct to the best of their knowledge.

<u>J. Poole</u> Signature	_____ Name and position	<u>August 8/17</u> Date
_____ Telephone	_____ Email	
_____ Signature	_____ Name and position	_____ Date
_____ Telephone	_____ Email	

All completed applications, reporting out forms, and correspondence should be forwarded in accordance with timelines specified herein to the attention of the Controller at Penticton City Hall.