

## **Girls P.L.A.Y Penticton launches just in time for International Women’s Day**

(Penticton, BC – March 6, 2020) – The City of Penticton’s Recreation Department is teaming up with Hoodoo Adventure, Glow SUP, PURE Gym & Juicery and other community partners to rebrand the previous “Girls Expanding Boundaries” into Girls P.L.A.Y. Penticton, a program that provides a variety of recreational activities and social supports to girls aged 11-13 years old after school.

“With International Women’s Day coming up, we felt that this was the perfect time to start the application process for this program,” says Recreation Coordinator – Tots, Child and Youth, Amanda Dean. “Girls P.L.A.Y. Penticton will provide a variety of recreational activities and social supports to girls aged 11-13 years old to help keep youth engaged as they transition into adulthood.”

The program begins April 1 and will run every Wednesday from 4 p.m. to 5:30 p.m. Participants will explore new activities and interests, with each activity led by a local, positive role model who excels in their field of expertise. Activities will focus on the interest areas of dance, art, yoga and fitness.

“We strive to reduce the barriers to physical literacy with programs like this and also ensure that Girls P.L.A.Y Penticton is open to anyone who identifies as female.”

Those interested and would like to apply to be a part of this eight-week program can visit [www.penticton.ca/recreation](http://www.penticton.ca/recreation) to fill out an application form and submit the filled out form to Amanda Dean at [amanda.dean@penticton.ca](mailto:amanda.dean@penticton.ca).

This program is made possible through funding provided by the Government of British Columbia and support from the BC Recreation and Parks Association (BCRPA).

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