

Recreation Penticton creates online resource guide for residents during COVID-19

(Penticton, BC – April 20, 2020) – While there is plenty of information circulating about what not to do recreationally during the COVID-19 public health crisis, Recreation Penticton has taken the initiative of creating an online resource guide for residents who are looking to maintain active lifestyles while staying home and practising social distancing.

“Even though our facilities are closed and programs have been cancelled, we still wanted to be able to provide recreation options for the community,” says Recreation Business Supervisor, Kelsey Johnson. “We are part of a great city that has stepped up during this time to convert lots of fitness and wellness options to online platforms and we want to help make those available for everyone.”

The resource guide contains several activity options for all ages as well as a weekly blog post from one of the City’s Recreation Coordinators focusing on health, wellness and exercise.

“We want the community to know that we are still available and here to support access to recreation and wellness opportunities during COVID-19.”

Residents can head to www.penticton.ca/covid19rec to view weekly blogs and find resources for a variety of activities.

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Contacts:

Kelsey Johnson
Recreation Business Supervisor
City of Penticton
250-490-2441

Milena Marshall
Marketing & Communication Specialist
City of Penticton
250-490-2445