

## Winter Recreation guide now available

(Penticton, BC – November 30, 2022) – Get active this season and check out new recreation opportunities including classes and facility offerings with the launch of Recreation Penticton’s Winter 2022-2023 Recreation Guide.

The winter schedule features a variety of programs including aquatics, fitness classes, skating, drop-in sports, children’s class and adult recreation.

“Remember that swimming lessons will look different in this edition of the Guide,” says Recreation Business Supervisor, Cheryl Wiebe. “With Red Cross transitioning swimming lessons to Lifesaving Society of BC, swim levels will have different names, but we will still provide high quality and effective swim lessons under the new program.”

To help determine which level your child should enroll in, an equivalency chart is available at [penticton.ca/aquatics](https://penticton.ca/aquatics)

View the guide online at [penticton.ca/recguide](https://penticton.ca/recguide) or pick up a hard copy at these locations:

- Penticton Community Centre
- Okanagan College
- Penticton Seniors Drop-in Centre
- OneSky Community Resources
- Penticton Public Library
- Penticton Art Gallery
- BGC Okanagan

Registration for programs opens Wednesday, Dec. 7 for residents and Thursday, Dec. 8 for non-residents. Sign up online through the City’s website [penticton.ca/register](https://penticton.ca/register) or by calling the Penticton Community Centre at 250-490-2426 ext. 6.

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